

Living the Light of Joy



Colleen

Benelli

Usui/Tibetan Karuna® Reiki Master Teacher

A Reiki Craft Project™

Reiki Crystal Necklace

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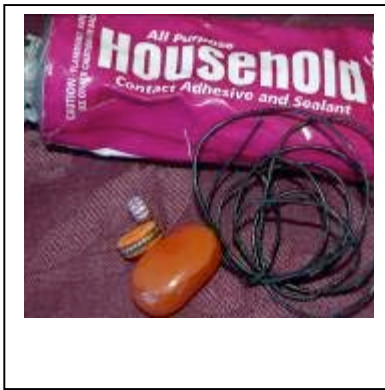
Designed by Reiki Master Angela Nissely
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***Reiki Lifestyle is an angel company. You may use and share the ideas and patterns in these instructions to create your own.**

Introduction

Angela attended one of my recent Reiki ART/Master workshops. We imbue crystals with Reiki as part of the workshop and when Angela went home that night, she was inspired to make a necklace out of her Reiki crystal so the beautiful energy would always encircle her. I asked her if I could share her easy to make creation with all of you, and she was delighted to say yes.

Materials



Crystal or Stone of your choice
Beads
40 “ Leather cord (depending on the length)
Glue

As you can see in the photograph of Angela’s crystal, all she did was wrap the leather cord around the crystal in the way that worked naturally for that particular crystal. Then she tied a knot at the top of the crystal. To finish it she tied slide knots on each end.



Here is another example of wrapping a stone with the leather cord with beads.



I simply wrapped the carnelian stone with the leather cord, three times and tied a knot at the top. I added the two beads and tied another knot. Then I added a touch of clear glue on the stone and the leather to hold it in place. I finished it by tying the slide knots as shown above.

I have found that this method works easily with all styles of crystals and stones. They make a quick and easy necklace empowered with Reiki. You can also include an intention when you are imbuing your stone with Reiki. That way Reiki energy and your intention are always present throughout your day!

Imbue your Stone with Reiki

You can follow these instructions or use your own intuition to imbue your stones with Reiki and intention. If you are not attuned to all of the Reiki symbols mentioned, just use the Reiki you do have. It works with all levels of Reiki!

- Activate Reiki in your hands with the symbols you are attuned to.
- Draw a Usui Power symbol over your stone.
- Clear your stone, There are many methods you can use. You can use Reiki, intention, sage, leave it in the sun, bury it in the ground, leave it under the moon, or immerse it in salt water, or any other method that works for you.
- Hold the stone between your hands, intending that Reiki flow through them and into the stone.
- Intend that the Reiki symbols are in your mouth, take a deep breath, all the way to your Hara, (below your navel) and send the symbol into the stone. Do this one symbol at a time.
- Thank your stone, and send a greeting and thanks to the earth where your stone was born.
- Add an intention into your breath, and breathe your intention into your stone.
- Hold your stone between your hands and ask that it only hold the Reiki energy and intention you have placed in it. Ask that it does not pick up any other outside energy.
- Draw a Usui Power symbol over your stone to seal the Reiki energy into it.

It is ready to wear! Enjoy! This also makes a great Reiki gift!

Many Blessings to you!

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