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Reiki Lifestyle™
Living the Light of Joy

Reiki Lifestyle™ Craft Project

A Reiki Blessing Ceremony



This article is written for a wedding ceremony; however, the Reiki Blessing Ceremony is perfect for many celebrations, rites of passage, birthdays, home blessings, anniversaries, etc. Simply adapt it to match your event. Change the cross and beads with any other symbol or beads you prefer.

Introduction

Several years ago, a young couple named Joe and Tara, asked me to create a ceremony for their wedding ceremony. They wanted the ceremony to express their love for their family and friends, their love for each other, and their deep love for God. They asked me to do this in a way that honored Joe's Native American heritage.

Therefore, I created the Blessings Ceremony in the way a Native American would. I spent many hours in prayer, sitting under the Great Tree on my land. I connected to Spirit through Reiki and asked my many Spiritual guides to assist me. I listened in prayer for many days and many months.

As I listened, I was given the following ceremony from the blessings of Spirit, Reiki, and Beauty the beautiful great tree in my yard. As the ceremony unfolded, I came to understand that the Blessings Ceremony would include both Joe's native heritage and Tara's Christian heritage and the blessing from God would blend the couple's spiritual traditions. In fact, all traditions were to be honored.

For in truth, they are all the same.

The Reiki Blessing Ceremony

"The spoken ceremony of a wedding is a central rite in the life of a couple. It is a formal way of marking a beginning, a commitment, a change of relationships with a family and a new family within the human community. It is a time for a festive gathering of family and friends as well as very personal experience the couple... As a couple reflects on their impending wedding ceremony, they should first consider both the content and the tone of the statement which they wish the service to make to each other and to family, friends, and God. They then should choose the order of worship- the sequence of the service- and, after that, the particular words in each part of the service."

Words for Your Wedding, by David Glusker and Peter Misner

The Reiki Wedding Blessing Ceremony As Part of your Wedding Service.

The following is a description of the way I perform The Reiki Wedding Blessing Ceremony.

There are many parts included in a wedding service. For example, there is the Gathering Words, Statement of Intent, Exchange of Vows, Exchange of Rings, etc. I typically use this ceremony as the final blessing after the Exchange of Vows and the Ring Ceremony, right before the couple is introduced as a married couple.

The Blessing Ceremony can be preformed by the officiate, or another person may be included in the ceremony by asking them to read the blessing.

I place the words for the ceremony in a beautiful book to read from, which I give to the couple as a keepsake.



The beads are placed in a bowl and given to the guests as they arrive and sign the guest book. Usually there is a person assigned to handing the beads out along with a card explaining the ceremony to the guest. The card can also explain the significance of the beads if they have a special meaning. The same person then collects the beads after the wedding service.

Here is an example of the beads, cross and the card we used for my son and daughter-in-law's wedding. Any style of bead will work. If a cross is not part of your tradition, just use the beads.



The Blessings Ceremony

During the wedding ceremony, we will join in prayer with our blessings for Nicholas and Jennifer. We ask that each of you bless the bead you are holding with your prayers and good wishes. Nicholas and Jennifer will be blessing a cross with their prayers. The beads will be collected after the wedding service. Nicholas and Jennifer will then string the cross and the beads together. The cross and the beads will be a living prayer for their home, from all of us.

The Words for the Ceremony

Reiki guided me to find the words for the ceremony through my heart. I was led to Marianne Williamson's beautiful book, *Illuminata*. The words from her prayers and wedding ceremony interchanged with my own, and the words Joe and Tara wished prayed for them, and the ceremony was created. I asked Reiki for a name and heard that it was to be called A Blessing Way Ceremony.

There are three parts to the blessing. The first part is asking for the family, friends and guests attending to bless the couple, the second is asking the couple to bless each other, and the third is a blessing from God.

I explain this in the following introduction of the ceremony. I also have this written in the book I am holding during the service.

This is a Blessing Ceremony asking each of you, Joe and Tara, and God to offer your love and blessings for the marriage of this beautiful couple.

*(Speak to everyone in the ceremony)
I ask all of you now to join me in prayer.
Open your hearts, bless the bead you are holding
With your love and support for Joe and Tara.
Bless them with a long and happy life together.*

*(Speak to the couple)
Joe and Tara, I ask you to join me in prayer.
Open your hearts and bless this cross with your love
For each other, your love for your family and your
Love for God.*

*(Speak to the guests)
At the end of the ceremony, please return your
Beads to Robyn and Brianne.
I will take them home, and sitting under the Great
Tree, I will string the beads together with the cross.
Together we will create a living prayer, for Joe and
Tara's home, from all of us.*

Please join me now in prayer.

Reiki Blessing Ceremony - The Words

***Great Spirit
Dearest Lord,***

*We send a voice,
Hear our prayer.*

*Joe and Tara have shown up today
With pure and noble hearts.
They ask for blessings from those they love.*

*Their family and friends, each other,
And you Great One.*

*May Joe and Tara's family, friends,
And this community
Be a blessing now and forever.*

*May they always receive from each of us
Support, and love, strength and kindness.*

*May the courage, integrity and wisdom of their
Ancestors be present in their lives each day.*

*May Joe and Tara feel deeply loved by all of us
For they truly are.*

*May we give them support in times of need
And compassion in times of challenge.*

*May the love from each of us contribute to the
Happiness, light and joy of this couple*

And their marriage.

*May our presence be a blessing to them each and every
Day.*

Joe and Tara,

Each day remember who you truly are.

May your relationship be a great and holy adventure.

May the truth of your love grace the lives of each other.

May you remember each day to love and support,

To listen, and to understand each other.

To see each others greatness and invoke each other's light.

To serve each other in your walk to higher ground.

May you be together in heart and mind

As well as body.

May you expand your hearts into the lives of each other

*In the holiest way, the most beautiful way, the most
Intimate way.*

*May your marriage bless each other with passion and
Beauty, depth and nobility, trust and truth,
Strength and intelligence and brilliance.*

*May your marriage bless each other with freedom and
Laughter, joy and happiness.*

*May you always remember that in each other you have the
Most beautiful woman, the most beautiful man.*

The one in whose love you can depend on, Forever.

The strongest one

The one in whose arms you remain young,

The one in whose arms you grow old,

The one in whose arms you grow wise.

***Great Spirit,
Dearest Lord.***

*We ask you to bless this marriage with the beauty
And purity of Your love.*

That You shine your light and joy

And Amazing Grace upon Joe and Tara.

Bless this beautiful couple with big life and big love.

Deep life and deep love.

Bless them with abundance and prosperity, happy children

And a long and happy life together.

*Thank You, dear Lord, for the gentleness and kindness
In which You give your blessings.*

*We give You such gratitude for Your love in our lives.
May this marriage be blessed by You and be a blessing
For You dear Lord.*

*May it be a channel for Your love and healing. A vehicle
Of Your grace and power.*

*May this marriage be so beautiful and strong and brave
And true that the entire world might be blessed by
The presence of a man and woman who shine so.*

*Joe and Tara, the ancestors dance before you and they rejoice
In the dance of life you will do together.*

Your marriage is truly blessed.

Amen

Note: The words can be changed to be appropriate for the religious observances of the wedding ceremony a couple is using. For example, in my son and daughter-in-laws wedding the endearment term we used was "Dearest Lord. "

Reiki Preparation for The Blessing Ceremony

Reiki for The Beads and Cross

Selecting the beads and cross can be a very fun process. Connect with Reiki and allow your heart to guide you.

Prepare your beads and cross to receive the blessings from the people attending the wedding service in this way.

1. Invoke Reiki into your hands, breath and eyes, and fill the space you are in.
2. Place beads and cross into a bowl or container.
3. Cleanse your bowl, beads and cross by using the Usui power symbol over them, or smudging them with sage, or leaving them out under the moon, or any method you

feel called to use.



4. Pray to your spiritual guides to be present and to assist you in this blessing way. Invite the ancestors of the couple and the many grandmothers and grandfathers. Pray your intention for the beads to receive the love and blessings from the guests and God. Ask that they radiate the love, blessings and support for the couple in their home.
5. Create your intention for the cross. Ask that it hold the love and blessings of God, the officiate and the couple, combine the power of love held in the beads, and radiate the beauty into the home of the couple.
6. Hold the bowl with the beads and cross in your hands, invoke the Reiki symbols you know, intend that Reiki fill the beads with the power of the universe and God.
7. Fill your breath with Reiki symbols and breathe the breath of pure truth, beauty, light and love into the cross and beads.
8. When you feel the beads, and cross are fully imbued with Reiki and receiving. Wrap the entire bowl with red cloth or sacred cloth. This will protect them while they are so open.

9. Continue to send Reiki into the bowl with the beads and cross daily until the ceremony.

Send Reiki into the Words of the Ceremony.

1. Invoke Reiki into your hands, breath and eyes and the room.
2. Cleanse the book where you have placed the words of the ceremony with the Usui power symbol or sage.
3. Invite your spiritual guides to present and ask them to assist you.
4. Create your intention that the words carry the power of love and blessings from God, the people, the officiate and the couple into the ceremony and lives of the couple.
5. Ask that the words fill the couple in times of struggle, and in times of peace.
6. Send this intention and prayer into the words of the ceremony.
7. Breathe Reiki into the words and ask that the breath of love always fill their home with the blessings they receive on their wedding day.
8. Hold your hands over the book and fill the words with Reiki.

Send Reiki into the Future to the Wedding Ceremony.

1. Invoke the Usui Long Distance symbol and send Reiki and your blessings to the day of the wedding.

2. Bless the day and ask for all concerned to be filled with peace and joy.
3. Ask Reiki to fill the grounds or building where the ceremony is to be held. "See" yourself placing Reiki symbols all around the place.
4. Send Reiki to the Wedding Ceremony including the Blessing Ceremony and ask for the future of the couple to be filled with their intentions

of love and ease. Ask that they be supported by each other, their families, friends and God.

Reiki on the day of the wedding.

On the day of the wedding, fill yourself, your hands, breath and eyes with Reiki. Place the Reiki symbols all around the grounds, any where the ceremony is to be held. Send Reiki to all participants with the Usui Long Distance symbol. Build a container for light, love, joy, truth, beauty, grace and gratitude and enjoyment.

Putting the Cross and Beads Together After the Wedding



Gather all the pieces. Cleanse the area and space with Reiki and sage.



**Kiss.
Invoke Reiki for Love, kisses and Blessings to fill your life.**



Design the bead pattern. Use the Usui Mental/Emotional symbol to help your creativity.



Add string.



Choose the first bead. Ask Reiki to hold the love, blessings, support and memory within the beads.

String the beads with your heart.





More photos of the bead combinations and style I used. Choose the beads and string them together in the way that calls to you.

*Reiki Blessings,
Colleen Benelli
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Barbara Weber is the artist who helped me with the bead design for the cross. She can be reached by email at rhbarber@gte.net or by phone at 971 221-8264. She does custom bead work for others.

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